

Bravo pH Patient Diary

Please return receiver & diary to MNGI Endoscopy on:

Date: _____

Patient Instructions

The purpose of this pH study is to monitor the frequency and duration of gastric reflux during a normal day. To get the most accurate results, you must eat, drink, work, and exercise as you normally would.

DO NOT take any antacid (Tums, Rolaids) or anti-reflux drugs during your study unless instructed to do so by your physician. If in doubt, contact your physician.

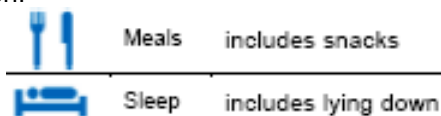
Do NOT chew gum or hard candies. Eat what you would normally eat but avoid snacking or sipping water.

Recording Events

Events include recording the duration of meals, sleep and symptoms.

Meals: Press the meals button at the start of a meal. You will also record the start time of a meal on your diary. Once pressed, you will see a flashing light from the meals button. Once the meal has finished, press the meals button again and document the end time on your diary. Pressing the meal button for the second time will stop the flashing meal button.

Sleep: Press the sleep button when sleeping or laying flat. Record the start time of a nap or sleep on your diary. Once pressed, you will see a flashing light from the sleep button. Once the nap or sleep has ended, press the sleep button again and document the end time on your diary. Pressing the sleep button for the second time will stop the flashing sleep button.



Recording Symptoms

Each symptom will have a matching symptom button assigned by both you and your nurse. Each time a symptom is experienced, Press the assigned button and watch for the blinking light and the icon associated with that button.

Press  when feeling _____

1. Watch for the light



2. Watch for this icon on the screen



Press  when feeling _____

1. Watch for the light



2. Watch for this icon on the screen



Press  when feeling _____

1. Watch for the light



2. Watch for this icon on the screen



Recorder Placement when lying down

You may remove the Bravo pH recorder when lying down or you may leave it on you. If you choose to remove it, place it on a stable surface within arm's length of your chest with the display facing up and the symptom buttons facing towards you.



Recorder Out of Range

If the Bravo pH recorder is too distant from the Bravo pH capsule and reception is weak, it beeps for 30 seconds and the icon **1** disappears from the screen indicating a loss of communication. **Take the recorder and walk into a different room then move the recorder closer to you until the beep stops and the **1** reappears on the screen.** For any questions call 612-871-1145. For calls outside of business hours call 612-871-1145 and ask for the on-call Prep RN. At the completion of your pH study, return the Bravo pH -recorder and diary to the Minnesota Gastroenterology.

BRAVO™ PATIENT DIARY

Bravo™ Unit Information		
Receiver No.:	Capsule ID No.:	Lot No.:
Medication Information		
Medications: ON / OFF (<i>circle one, if acid suppressive therapy is not held, detail below</i>)		
Medication:	Dose:	
Medication:	Dose:	
Bravo™ Test Information		
Bravo™ Placement Location:	Z-Line:	
Time & Date of Placement:	Time & Date of end of test:	
Ordering Provider:	Referring Provider (if applicable):	

Always refer to the time displayed on the recorder to write down the time of events above.

	Press any of the three <i>Symptom Buttons</i> (chest pain, regurgitation, heartburn) once for each individual event.
	Press the <i>Meal Button</i> once at the start of the meal and once at the end of the meal. In between the two presses, the button LED will blink until the button is pressed to mark the end the event.
	Press the <i>Supine Button</i> once when lying down for bed and once at the end of the lying period. In between the two presses, the button LED will blink until the button is pressed to mark the end the event.

Button Symptom










[illegible]

All button functions are active only when the backlight is ON. If OFF, pressing any of the enabled recorder buttons will first turn the backlight ON and no function will be activated. Pressing the desired button when the backlight is ON will activate the desired function.